

Time	Sun	Mon	Tues	Wed	Thur	Fri	Sat
8:00 - 8:50	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00 - 11:00	Arrival day Facilities tour Welcome party Games	Sport 1 training Team sports Football, basketball, handball and volleyball		Visit Puy du Fou Park	Sport 2 training Coeducational and alternative sports Floorball, datchball, mazaball, tripela		
11:00 - 11:30		Snacks	Snacks		Snacks	Snacks	Snacks
11:30 - 13:00		Sport 1 training Team sports Football, basketball, handball and volleyball			Sport 2 training Coeducational and alternative sports Floorball, datchball, mazaball, tripela		
13:00 - 14:00		Swimming pool			Swimming pool		
14:00 - 15:00		Lunch	Lunch		Lunch	Lunch	Lunch
15:00 - 16:30		Spanish/English lesson Speciality sports Fencing	Spanish/English lesson Speciality sports Fencing		Spanish/English lesson Speciality sports Karate	Spanish/English lesson Speciality sports Karate	Spanish/English lesson Speciality sports Boxing
16:30 - 17:00		Snacks	Snacks		Snacks	Snacks	Snacks
17:30 - 18:30		Spanish/English lesson Speciality sports Fencing	Spanish/English lesson Speciality sports Fencing		Spanish/English lesson Speciality sports Karate	Visit old town	Spanish/English lesson Speciality sports Boxing
18:30 - 19:30		Swimming pool/team games					Swimming pool
19:30 - 20:30	Shower/free time						
20:30 - 21:00	Dinner						
21:00 - 22:30	Introductory games	The night challenge	Humour festival	The night challenge	Old city tour	Cineforum	Big Games 1
22:30 - 23:00	Lights off						

Time	Sun	Mon	Tues	Wed	Thur	Fri	Sat
8:00 - 8:50	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00 - 11:00	Multi activity park Mini golf Padel Bubble Football Aquatic games	Trekking "Las Barrancas"	Sport 3 training Triathlon	Aquatic park	Sport 4 Educational competitions		Departure morning, farewell and activities
11:00 - 11:30		Snacks	Snacks		Snacks	Snacks	
11:30 - 13:00		Trekking "Las Barrancas"	Sport 3 training Triathlon (testing)		Sport 4 Educational competitions		
13:00 - 14:00		Swimming pool			Swimming pool		
14:00 - 15:00	Lunch	Lunch	Lunch		Lunch	Lunch	
15:00 - 16:30	Spanish/English lesson Speciality sports Boxing	Spanish/English lesson Speciality sports Judo	Spanish/English lesson Speciality sports Judo		Spanish/English lesson Speciality sports Archery	Spanish/English lesson Speciality sports Calisthenic	
16:30 - 17:00	Snacks	Snacks	Snacks		Snacks	Prize giving & exhibition of work	
17:30 - 18:30	Spanish/English lesson Speciality sports Boxing	Spanish/English lesson Speciality sports Judo	Urban zipline		Spanish/English lesson Speciality sports Archery		
18:30 - 19:30	Swimming pool			Swimming pool			
19:30 - 20:30	Shower/free time						
20:30 - 21:00	Dinner						
21:00 - 22:30	Cineforum	Big games 2	Night gymkhana	Cineforum	Old city games	Night goodbye party	
22:30 - 23:00	Lights Off						